

## MONDAY

### **STEP BY STEP** 7:30p.m

St-Laurent, bus 55 north, between Marie-Anne/Rachel on St-urbain 4251 St. Urbain, #211 H2W 1V6 SS/TD/CL SP ♿

### **TOGETHER WE CAN** 7:30 PM

South Shore Bus #4, 21, 54

Centre Pierre Bernard Lucas

2060, rue Holmes Salle 6B (Between Taschereau and Grande Allée) St- Hubert, Quebec J4T 1R6 TS/D/CL

## TUESDAY

### **AWAKENINGS** 12:00 noon (1 hour)

Metro Vendome, Bus 105 west 4020 Hingston Ave H4A 2J7 TS/D/OP ♿

### **Through Prayer & Meditation** 7:30p.m.

Metro Beaudry, walk to Panet/Rene-Levesque

1212 Panet (corner of Rene Levesque)H2L 2Y6

in parking lot - look for silver/grey stairs

SS/OCL/B

### **BACK TO BASICS** 8:00p.m.

Metro Vendome, Bus 105 West

160 Ballantyne North, corner of Nelson H4X 2B9 TS/D/CL

## WEDNESDAY

### **OUT OF THE DARK** 7:30p.m.

Place des arts, bus 80 north

5550 Park, room 3D H2V 4G9 TS/D/OP ♿

### **LIGHTHOUSE** 12:00pm

Vendome metro, walk up Marlowe

5220 Sherbrooke West H4A 3L4

TS/D/OP

corner Marlowe (entrance on Marlow) in the "boutique" room

## THURSDAY

### **AWAKENINGS** 12:00 noon (1 hour)

Metro Vendome, Bus 105 west

4020 Hingston Ave H4A 2J7 TS/TD/OP ♿

### **CIRCLE THURSDAY NIGHT** 6:30p.m.

Parc metro, walk south on Hutchinson

7085 Hutchison RM014 (basement) H3N 1T6

SP\TD\CL ♿

### **SERENITY SISTERS** 7:00pm

Metro Vendome, Bus 105 west

WOMEN ONLY/transgender friendly

4020 Hingston Ave H4A 2J7 TD/SP/OP ♿

### **NEW BEGINNING** - 7:30pm

Vendome metro, walk up Marlowe

5220 Sherbrooke West H4A 3L4 SP/D/OP corner

Marlowe (entrance on Marlow) in the "boutique"

room

### **MAREFAT-** 7:00pm Meeting is spoken in Farsi

Vendome metro, walk up Marlowe

5220 Sherbrooke West H4A 3L4 TS/D/CL

corner Marlowe (entrance on Marlow)

معرفت.

جلسه بهبودی. ایرانیان فارسی زبان

## FRIDAY

### **FREE ON FRIDAY** 8:00p.m. (1 hour)

Villa-Maria metro, bus 24

5319 Notre Dame de Grace Avenue. H4A 3H7

TS/SP/TD/OP ♿

### **CONSCIOUS CONTACT** 8:00p.m.

St-Laurent, bus 55 north, between

Marie-Anne/Rachel on St-urbain

4251 St. Urbain, #211 (second floor)

Between Marie-Anne/Rachel on St-urbain H2W 1V6

TS/D/CL ♿

### **ACTIONS-CREATIONS** 7:30p.m. Bilingual

8 Rainville Street (l'Eglise St-Jean

Baptiste)

Chateauguay J6K 1H5 Varied format

## SATURDAY

### **INSIDE JOB** 12:00 noon

Metro Vendome, Bus 105 west

4020 Hingston H4A 2J7 TrS/TD/OP/SS/SP ♿

### **DAY BY DAY (bilingual)** 7:30p.m.

St. Laurent, buss 55 north

120 Duluth St. East

Basement or 1st floor Classroom H2W

1H1 SP/D/OP - Bilingual

### **THE STEPS WORK** 7:30pm

87 Roy Street, Ormstown J0S 1K0

Recreation center upstairs SS/TD/CL (except for celebrations)

### **SATURDAY NIGHT CLEAN** 7:30pm

Villa Maria metro, then 4 blocks west

A-5686 Monkland H4A 1E4 SP/D/OP

## SUNDAY

### **SHOW ME HOW TO LIVE** 9:00a.m.

230 Brunswick Rm E H9R 5N5 TS/OP/SWG @

6:30/ ♿

### **IN FOKUS** 7:00p.m.

St. Laurent, buss 55 north

120 Duluth St. East

H2W 1H1

Upstairs if downstairs is booked

TD/Tag/OP

### **TAKE IT OR LEAVE IT** 7:30p.m.

Lionel Groulx, walk east on Lionel Groulx 'til Dominion, then turn right

525 Dominion Rm 200 H3J 2V4 SP/OP/D

Men's and Women's SWG @ 6:30

**Closed meetings are for addicts only**

**Open meetings are open to all**



= Wheelchair accessible

|     |                   |     |                      |
|-----|-------------------|-----|----------------------|
| OP  | = Open            | CL  | = Closed             |
| SP  | = Speaker         | D   | = Discussion         |
| TS  | =Text Study       | TD  | = Topic Discussion   |
| TrS | = Tradition Study | SS  | = Step Study         |
| Tag | = Tag Discussion  | SWG | = Step Writing Group |
| IP  | = IP Discussion   | B   | = Bilingual          |

